

## WAYNESBORO AREA SCHOOL DISTRICT Saint Andrew School Menu January 2025



Monday, 1/6	Tuesday, 1/7	Wednesday, 1/8	Thursday, 1/9	Friday, 1/10
Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices
(A) Chicken Pattie on Roll 42g	(A) Toasted Cheese 33g	A) Soft Shell Taco w/fixings 37g	(A) Chicken Nuggets w/Dinner	(A) Stuffed Crust Pizza 31g
(B) Snack Pack Muffin Lunch 71g	(B) Peanut Butter & Grape Jelly Uncrustable 32g	(B) Fiestada Pizza 43g	Roll 28g (B) Pork Patty wlDinner Roll 32g	(B) Fish Sandwich on Roll 50g
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices
Fresh Romaine Lettuce 2g Fresh Cucumber Wheels 2g Frozen Peach Cup 19g	Tomato Soup 24g Fresh Baby Carrots 7g Chilled Applesauce 14g	Steamed Corn 16g Refried Beans 28g Chilled Pineapple Tidbits 22g	Mashed Potatoes 14g Steamed Garden Peas 11g Diced Pears 16g	Potato Smiles 20g Crunchy Celery Dippers 2g Fresh Orange Wedges 22g

Monday, 1/13	Tuesday, 1/14	Wednesday, 1/15	Thursday, 1/16	Friday, 1/17
Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	NO SCHOOL TODAY!
(A) Max Sticks <b>w</b> IDipping Sauce 39g	(A)Pepperoni Hot Pocket 31g (B) Hot Ham and Cheese on	(A) Spaghetti w/Meat Sauce & Garlic Breadstick 70g	(A) Popcorn Chicken w/Dinner Roll 35g	
(B) Pizza Snack Pack Lunch 37g	Croissant Roll 30g	(B) Grilled Chicken on Roll 30g	(B) Hamburger Steak <b>w</b> IDinner Roll 20g	
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	
Baked Beans 29g Fresh Baby Carrots 7g Chilled Mandarin Oranges 17g	Oven Baked French Fries 17g Celery Sticks 2g Chilled Diced Pears 16g	Caesar Salad 12g Cherry Tomatoes 3g Frozen Strawberry Cup	Mashed Potatoes 14g Glazed Carrots 8g Chilled Applesauce 14g	0

## Menus reflect grams (g) for carbohydrates only. THIS INSTITIUTION IS AN EQUAL OPPORTUNITY PROVIDER.

## What Makes a Lunch?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of  $\frac{1}{2}$  cup serving of fruit or a minimum of a  $\frac{1}{2}$ -cup serving of vegetable MUST accompany a reimbursable meal.



Monday, 1/20	Tuesday, 1/21	Wednesday, 1/22	Thursday, 1/23	Friday, 1/24
	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices
NO SCHOOL TODAY!	(A) French Toast Sticks w/Sausage 40g	(A) Shrimp Poppers w/Mac and Cheese 40q	(A) Chicken Strips w/Dinner Roll 28g	(A) Round Pizza 31g
*****		6		(B) Fiestada Hot Pocket 31g
Jener o Danar	(B) PBJ Uncrustable 32g	(B) Turkey & Cheese on Roll 30g	(B) Pork Patty w/Dinner Roll 32g	
	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices
	Crunchy Tater Tots 14g Celery Dippers 2g Chilled Mandarin Oranges 17g	Tossed Garden Salad 2g Cheery Cherry Tomatoes 3g Chilled Pineapple 22g <u>Dessert:</u> Chocolate Chip Cookie 28g	Mashed Potatoes 14g Broccoli w/Cheese 24g Chilled Diced Peaches 15g	Crinkle Cut Fries 12g Baby Carrots 7g Banana 28g

Monday, 1/27	Tuesday, 1/28	Wednesday, 1/29	Thursday, 1/30	Friday, 1/31
<u>Today's Lunch Choice</u> (A) Nacho Nuevos <b>35</b> g (B) Corn Dog 30g	Today's Lunch Choices (A) Cheeseburger on Roll 32g (B) Snack Pack Muffin Lunch 74g	<u>Today's Lunch Choices</u> (A) Chicken Alfredo w/Garlic Breadstick 39g (B) Rib B Que on Roll 41g	Today's Lunch Choices (A) Chicken Fries w/Dinner Roll 31g (B) Hamburger Steak w/Roll 20g	Today's Lunch Choices (A) Mickey's Pizza 28g (B) Popcorn Chicken Salad 41g w/Dinner Roll
<u>Vegetable &amp; Fruit Choices</u> Steamed Golden Corn 16g Refried Beans 28g Mixed Fruit 18g	<u>Vegetable &amp; Fruit Choices</u> Steamed Garden Peas 11g Crunchy Celery Dippers 2g Wild Cherry Icee 19g Chocolate Pudding 24g	Vegetable & Fruit Choices Steamed Broccoli 5g Cucumber Wheels 2g Chilled Applesauce 14g	<u>Vegetable &amp; Fruit Choices</u> Mashed Potatoes 14g Green Beans 4g Chilled Mandarin Oranges 17g	Vegetable & Fruit Choices Crispy Oven Fries 17g Broccoli Trees 3g Pineapple Tidbits 22g

Menus are subject to change due to the availability of food items!

